**Post-Surgical Care Sheet**

Congratulations on your adoption! Your new furry friend was altered on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Care Instructions:**

1. **Incision Care:**
   * Keep the surgical incision site clean and dry. Avoid getting it wet for the first 10-14 days, especially during the healing process.
   * Monitor for signs of infection, including redness, swelling, discharge, or a bad odor at the incision site. If any of these signs occur, contact the veterinarian immediately.
2. **Activity Restrictions:**
   * Limit your pet’s activity for the next 7-10 days. No jumping, running, or vigorous play. This is important to allow proper healing of both the surgical site.
   * Your pet should wear an E-collar (cone) at all times during the next 10-14 days to prevent licking or biting at the area.
3. **Pain Management:**
   * Your pet may have been prescribed pain medication. Administer it according to the instructions, and never give over-the-counter human medications.
   * Watch for any signs of discomfort or distress (e.g., whining, limping, reluctance to move). If pain seems excessive, contact your veterinarian for advice.
4. **Follow-Up Appointments:**
   * A follow-up appointment may be scheduled with your regular veterinarian to monitor your pet’s healing.

Please seek immediate veterinary attention if any of the following occur:

* Excessive pain or swelling at incision site
* Signs of infection (discharge or odor around the incision)
* Fever (over 103°F)
* Loss of appetite or excessive lethargy
* Difficulty breathing or other severe symptoms

If you have concerns, please call us (858) 756-4117 ext. 1 between 9 a.m. and 6 p.m., or follow up with your primary care veterinarian.

I understand that I am responsible for monitoring my new pet’s incision and following surgical aftercare instructions.

Adopter Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_