

THE COMPANION

PEOPLE HELPING ANIMALS AND ANIMALS HELPING PEOPLE



SEPTEMBER 28, 2023

*Andie MacDowell & Rainey Qualley
Shine a light
on pet adoption
on Remember Me Thursday[®] ...*

FURIENDS available for adoption



Diesel
LABRADOR RETRIEVER/
TERRIER BLEND
I'm hard to resist! My name's Diesel, I'm a 7-month-old Labrador Retriever-Terrier blend, and besides being absolutely adorable, I love playing with my friends, exploring the world around me, and cuddling my humans. I'd be so happy if you took me home so I can share all my affection with you!

Tulip
DOMESTIC SHORT HAIR
BLEND
If you're looking for a sweet kitty who will melt into the palm of your hand, I'm your girl! My name is Tulip and I'm a 15-month-old Tabby and I'm filled to the brim with love and affection. My favorite way to say hi is to rub my face ALL over you, hopefully I can say hi to you that way too!

Alvin
SHEPHERD HUSKY
BLEND
Hi I'm Alvin! If you're looking for a fun best friend who loves to play and go on adventures, I'm your pooch! I'm a fun-loving, energetic 9-month-old who can't wait to play fetch and tug-of-war with my forever family. I'm not a one trick doggy though, everyone says I'm sweet as can be and a big loveable fluffball!

Sugar & Spice
DOMESTIC SHORT HAIR
BLENDS
We're Sugar and Spice, the dynamic duo, the Yin and Yang that's missing from your home! We're 14-month-old siblings and absolutely inseparable! Sugar's the friendly fluff ball who will give you all the adoration you could ever want, while Spice is the playful spunky one that will keep your life interesting!

To see more adoptables, visit animalcenter.org

CREATING A HUMANE WORLD FOR ANIMALS AND PEOPLE

Helen Woodward Animal Center is a unique, private, non-profit organization dedicated to saving the lives of animals and enriching the lives of people. For 50 years, our no-kill Center has provided humane care and adoption for orphan animals, as well as animal-centered educational and therapeutic programs for people. The Center is a dynamic, evolving institution that is an agent of change for the animal welfare world. Not only are we operating innovative and beneficial programs for animals and people, but we are teaching others around the world how to successfully market and promote their programs and stop the senseless death of thousands of animals.

BE INFORMED

Be in the know of events and fundraisers happening in our community, and across the globe. Subscribe to our e-newsletters, by visiting animalcenter.org/newsletter



STAY CONNECTED

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Instagram: @hwac
TikTok: @hwanimalcenter
YouTube: @hwac
LinkedIn: Helen Woodward Animal Center



VOLUNTEER

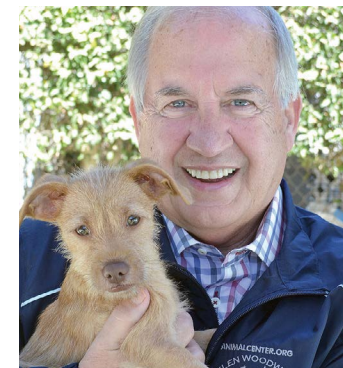
Giving your time at any of our fundraising events or donating your skills or experience to help at the Center are just some of the many ways you can help pets in need! To learn more, visit animalcenter.org/volunteer



THE COMPANION

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The Companion is published four times a year by Helen Woodward Animal Center, P.O. Box 64, 6401 El Apajo Road, Rancho Santa Fe, CA 92067, a nonprofit, charitable organization. Circulation: approximately 9,400. This material may be reproduced with written permission from Helen Woodward Animal Center ©2023. For information, call (858)756-4117 or visit our website at animalcenter.org.



DEAR FRIENDS OF THE ANIMALS,

Center. Our hearts are breaking as we hear about the struggles that groups are facing from the post-COVID surrenders to the limited adoptions due to inflation and the ever-increasing cost of living. Many families are barely able to put food on their table and gas in their car, much less consider bringing a new pet into their home.

Beyond the current crisis in our own backyard, the Center continues to offer assistance to our good friends in Ukraine who have now been hit with the recent impact of the dam destruction and flooding. Fortunately, we have been able to offer funds for not only medical supplies and food for the evacuated animal shelters in the area but also help with temporary shelters that can be built to offer protection from the elements and a safe space for them during this time of upheaval and violence. So many of you have joined us in solidarity to ensure that our human and animal friends in Ukraine know they are not forgotten and that their lives mean as much to us as the precious lives of animals here in the United States.

In addition to the normal travel that we have been doing to help groups around the country with The Business of Saving Lives we had a wonderful group join us here in San Diego in June. In fact, we had representatives from New Zealand, Canada, Mexico and all over the United States. The Center continues to be a resource for all of these groups – providing everything from sample grant proposals to press releases so that they can utilize our expertise to expand their efforts with limited resources. We are excited to see that so many organizations are taking advantage of this opportunity including our recent visits to the Atlanta area, a Zoom for South Dakota and an upcoming trip to Idaho.

In closing, I would like to thank everyone who made the Spring Fling a huge success this year in particular our Chairs, Jamie Carr and Sharon McDonald, Restaurant Chair, Ann Dizney, and the entire Fling Committee. I would also like to offer my gratitude to all of you who bought tickets and tables, purchased auction items, and made donations to support our lifesaving Adoptions program.

The months ahead will continue to have their difficult times but together we can make a difference for animal welfare around the globe.

For a more humane world,

Michael M. Arms
President and CEO

DON'T MISS A SINGLE ISSUE...

Every issue of Helen Woodward Animal Center's The Companion magazine is filled with stories about the relationship between humans and the animals that we love. Four times each year, The Companion keeps you informed about how you are helping us fulfill our mission of "people helping animals and animals helping people."

Medical MEOW-ICLES

Danny is a 7-month-old Domestic Medium hair kitten whose experience at Helen Woodward Animal Center included months of mysterious medical conditions. Danny had first come to Helen Woodward Animal Center this past February where he had a brief stay in foster care and almost immediately found a home.

This "happily-ever-after" would be short lived for Danny as days later he was returned to the Center with odd behaviors. Due to their long feral history, cats are known to hide pain and illness for fear of appearing vulnerable. Throughout the next months, Danny's varied symptoms were diagnosed and treated, first pneumonia and then what appeared to be signs of ataxia (a disorder that affected his coordination, movement and reactivity). After periods of improvement and normalcy and revolving symptoms, Danny began to struggle moving his right hindlimb. At long last, our mysterious kitten couldn't hide his true medical condition any longer.



Danny is now happy in his forever home!

Adoptions department veterinarian Dr. Zoie Schaefer, conducted testing which revealed a part of his femur had developed Avascular Necrosis. In other words, Danny's femur was dying. Helen Woodward Animal Center's veterinary staff immediately scheduled to have board-certified surgeon, Dr. Reinke, remove the dying tissue from Danny's femur. After the surgery the medical staff placed Danny on two weeks of cage rest to recover before sending him out to foster care to rebuild the muscle he lost and regain his range of motion.

This resilient kitten did exceptionally well in foster care, restoring his lost muscle and revealing that he was ready to be a fantastic companion to whoever adopted him. Danny no longer had vision response issues and once he rebuilt his strength, could comfortably move about his foster home with ease.



Danny hanging out with his new furry family.

Danny returned from foster care where after only 6 days he found his forever home. Danny is just the latest case of Helen Woodward Animal Center's dedication to each and every animal that comes through its doors, and our commitment to working with each animal, no matter how long, until their true happily-ever-after is secured.

OUR MOST UNIQUE CAMPS OF THE YEAR ARE BACK THIS FALL!

Explore the unique career fields of animal husbandry with Animal Care Camp and veterinary care with You Can Be A Veterinarian Camp. Each camp is exclusive to children ages 9-16 and offers unique hands-on experiences with tools from the field, access to professionals in the industry, and of course, animal encounters that bring the lessons to life.



September 17 • October 8 • November 5

You Can Be A Veterinarian Camp uses real case studies as a way for campers to learn about common veterinary medical practices, such as canine CPR and parasitology. They will also get several hands-on opportunities to practice their medical skills with activities such as practicing sutures on a banana and listening to the heart rate of a horse, and learning bandaging and splinting techniques. Campers will get to spend time with one of Helen Woodward Animal Center's highly qualified veterinarians while also enjoying interactions with some of our amazing and adorable animal ambassadors.



September 16 • October 7 • November 4

Animal Care Camp is great for children who are interested in working with animals, but not sure which field they want to go into. This camp is great for any child interested in careers such as a dog trainer, groomer, or zookeeper. Whether they are interested in reptiles, birds, small mammals, or large mammals, this camp exposes them to the many facets of animal care.

During this day camp, campers will learn all about what it takes to keep our over 70 animal ambassadors happy and healthy through training, enrichment, diet preparation, and more.



Visit animalcenter.org/education for full details and online registration. Questions? Call us at (858)756-4117 x318 or e-mail education@animalcenter.org.

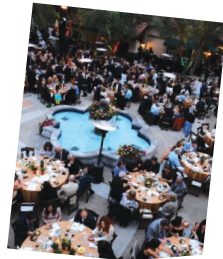
35th Annual Spring Fling Gala

Under the Tuscan Sun

It was a magical night in Italy on June 10th when Rancho Santa Fe's finest gathered to support Helen Woodward Animal Center and our lifesaving programs for pets and people in need. The auction tables were full of fun items and adventures as the guests strolled around enjoying the open bars and tasty hors d'oeuvres from local restaurants including The Fish Market and 067. Once the dining area opened there was a wide array of tapas portion items from San Diego's finest eateries including Amalfi Cucina Italiana, Beeside Balcony, Poseidon on the Beach, Bluewater Boathouse and so many others. The evening transitioned into an exciting live auction featuring trips to Italy, Hawaii, and Big Bear, as well as special experiences including a Beverly Hills Sheriff ride-a-long and a Girls' Getaway to OC with a Nordstrom shopping spree. We are so grateful for those special friends that helped to sponsor our lifesaving Adoptions programs for medical care and transfers. The evening ended with dancing and live music by Haute Chile and a wonderfully generous fundraising total of almost \$415,000 from our animal loving friends! Special thanks to Fling Chairs, Jamie Carr and Sharon Tice McDonald and Title Sponsors, Jim Hooker and Portia Metras.



The live auction raised funding for our pets and programs.



Champagne was served on a unique display.

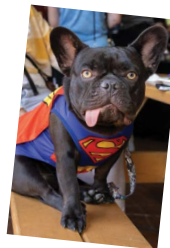
PAWmicon

It's a bird! It's a plane! It's... A pack of furry superheroes?!

This year's PAWmicon at AleSmith Brewing Company gathered hundreds of super pets and their human sidekicks to celebrate the ways our heroic pets rescue us every day! Animals in their cosplay best competed in our PAWSplay Contest, where they dressed up to showcase the heroes (and sometimes the villains!) within each of them. Winners cosplayed as iconic characters like a Dalek from Doctor Who, Cosmo the Space Dog from Guardians of the Galaxy, and Doctor Strange from Marvel, to name a few. PAWmicon's thrilling trivia contest challenged everyone to draw on their pop culture knowledge and compete for some fun prizes. Vendors and artists set up booths just like ones seen at San Diego's annual "Comic Con," adding another layer of fun and authenticity to this unconventional convention. Between specialized pet photos, a Nelson Photo 360-photo booth, and quirky caricatures, every pet parent had a chance to finally see their pet portrayed as the larger-than-life characters that live beneath their fuzzy exteriors. PAWmicon not only supports pet adoptions at the Center, but it also raises awareness and encourages us to be heroes for rescued pets (who are, in turn, true heroes for their humans). A special thanks is in order to our sponsors: Blue Buffalo, Fetch Pet Insurance, Joshua's Pest Control, Trusted Housesitters, Nelson Photo & Video, Honda of El Cajon, Toyota of El Cajon, Naturally Fresh, NextLeft, and AleSmith Brewing Company, who all came together to help make this super event PAW-ssible.



Winners of the costume contest.



Therapeutic Riding Horse Show

Welcome to the Wild West-Pony Express!

On Saturday, June 3 riders, instructors, volunteers, family members, and friends gathered together in Rancho Santa Fe to celebrate Helen Woodward Animal Center's annual Therapeutic Riding Horse Show. This special day is an opportunity for the students to showcase what they have learned during their weekly lessons for their loved ones. "This is always my favorite day of the year," stated Therapeutic Riding Program Manager Courtney Mellor. "The pride and joy these riders feel when they share their accomplishments on the back of an adaptive horse who has become a true friend is moving. It is such a clear example of how much animals and people can give to one another." This year's theme was the Wild West Pony Express and the students showed off their horseback riding skills as they steered through the sunflower fields of Kansas and rode around wild bison in Wyoming. From there, they sped through Robber's Roost in Nevada without losing their mail bag and arrived in Sacramento, where they were awarded for their bravery and riding skills with a ribbon and trophy. The annual Therapeutic Riding Horse Show and program would not be possible without the generosity and support of our community, volunteers, and sponsors throughout the year. A special thanks to Evergate Stables for donating the ribbons and trophies that were presented to the riders by Board Member and equestrian, Toni Nickell, Jessica and Griffin Matteoni of The Selander Foundation, and long-time friend and supporter Valerie Viterbi. A special thank you goes out to Jagger and Kristi from Magic 92.5 who donate their voices to emcee this event and make it extra special for our riders every year. If you would like to learn more about Therapeutic Riding or donate to support our life-changing work please go to - The Benefits of Equine Therapy & Hippotherapy | HWAC (animalcenter.org). 🐾



Kirra riding Poquita being led by Colleen (staff), and volunteers Easton (left), Susie (right).



Alex riding Dante, assisted by Laurel, a volunteer.

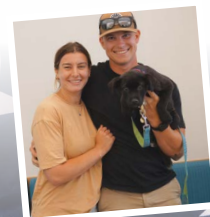


Renee Resko, our VP of Development posing with rider Alexandra on Jodi and Cary, a volunteer.

Paws for Patriots

Sponsored adoptions for our military heroes.

This past 4th of July was a day for bbqs, beach days, and spending time with family and friends but we must never forget that we are only able to celebrate our wonderful way of life because of the military heroes that provide for our protection and freedom. What better way to honor these brave men and women than by sponsoring their adoption of a new furry family member? This holiday our proud sponsor, KayBella Cares, underwrote the cost of adoptions for all active duty and veteran military members and their families that wanted to adopt a new furry family member. We are so grateful to KayBella Cares for making it possible to offer this special form of "pet therapy" to these amazing families.



Several military families gained new family members during Paws for Patriots.



Support Ukraine

FLOOD RELIEF



PHOTO CREDIT: Happy Paw

It's been months since the Nova Kakhovka Dam in Ukraine collapsed, flooding much of the southern part of the country, and displacing thousands of people and their pets. Due to the latest crisis for animals in the region, Helen Woodward Animal Center pledged \$35,000 to help with flood relief, in particular shelter and medical supplies, and encourages the community to contribute what they can to the cause at animalcenter.org. But how does this aid ACTUALLY provide care to the people of Ukraine and their pets? One lifesaving word: Vaccines.



PHOTO CREDIT: Happy Paw

Flooding doesn't just cause massive amounts of property damage like you'd expect. It also leads to widespread outbreaks of various diseases - meaning that although animal retrieval and rescue may be successful, those saved often suffer extremely painful

ends caused by deadly illnesses. Many of the Ukrainian animal shelters taking in orphan pets are finding these pets under vaccinated and thus susceptible to canine distemper virus, feline parvovirus, and even rabies.

Thus one of the top priorities of Happy Paw, Helen Woodward Animal Center's chief partner in Ukraine, was to acquire enough vaccines to distribute to various shelters in need in Kherson Oblast. "Flood waters are a breeding ground for fleas, ticks, and other parasites that feed on our furry friends," Helen Woodward Animal Center's resident Veterinarian Dr. Zoie Schaefer said. "I'd expect to see a huge rise in parasite cases over there in the coming weeks." Those antiparasitic drugs were distributed to 26 shelters throughout the country, from Kyiv to Odessa. Despite all of this aid, much of Kherson Oblast is still underwater. 🐾

The people and pets of southern Ukraine still need help. If you'd like to contribute, scan the QR code below to donate today.



PHOTO CREDIT: Happy Paw



PHOTO CREDIT: Happy Paw



PHOTO CREDIT: Happy Paw

Many families and pets were displaced during the flood.

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A Relentless Pursuit of Happiness

Pepsi is still so sweet even after going through three surgeries!

Traveling all the way from Oklahoma in January this year, lab-blend puppy Pepsi had a sweetness and pop of personality that made him an instant staff favorite. Pepsi's arrival, however, began with a troubling discovery and a bit of a medical mystery. A large lump on his neck caused discomfort and made movement difficult for him. Medical exams revealed an inflamed salivary gland that continually filled with fluid. This condition most frequently results from trauma to the salivary gland. However, the cause of that trauma is rarely able to be identified. While we may never



Pepsi shown when he first arrived at the Center.

know what caused this, at the very least we knew we would do everything we could to help him.

Helen Woodward Animal Center is dedicated to every animal that comes through our doors and will take every step possible to provide the very best life for each orphan pet. Shortly after his diagnosis, Pepsi underwent the recommended surgery for removal of the salivary mucocele with hopes for a swift recovery. Additional medical steps were taken to ensure his comfort. Unfortunately, only months later, Pepsi's surgical site began to look exactly as it had before his surgery.



Pepsi had difficulties wearing a cone due to the placement of his swelling, which made it easy for him to rip out his drain.

Seeking out the expertise of a specialist was the next step. A thorough consultation and several medical tests revealed that Pepsi's salivary mucocele was recurring. While rare, the recurrence of Pepsi's sialocele was something our medical team knew was possible, and the Center resolved to continue treating Pepsi as many times as he needed to fully recover. Pepsi underwent a second surgery to remove the last traces of the gland.

Perhaps because of the difficult location of his salivary gland, which used to sit right under his jaw, Pepsi's second surgery did not resolve this issue and again his salivary gland began to refill with fluid. A third surgery was scheduled to explore the surgical site and replace a drain to help relieve the swelling.

Luckily, there was light at the end of the tunnel. After the third surgery, Pepsi's medical team realized that his condition had downgraded from a sialocele to a seroma. A seroma is a common occurrence, especially following a surgical procedure. Essentially, Pepsi's surgical site is directly connected

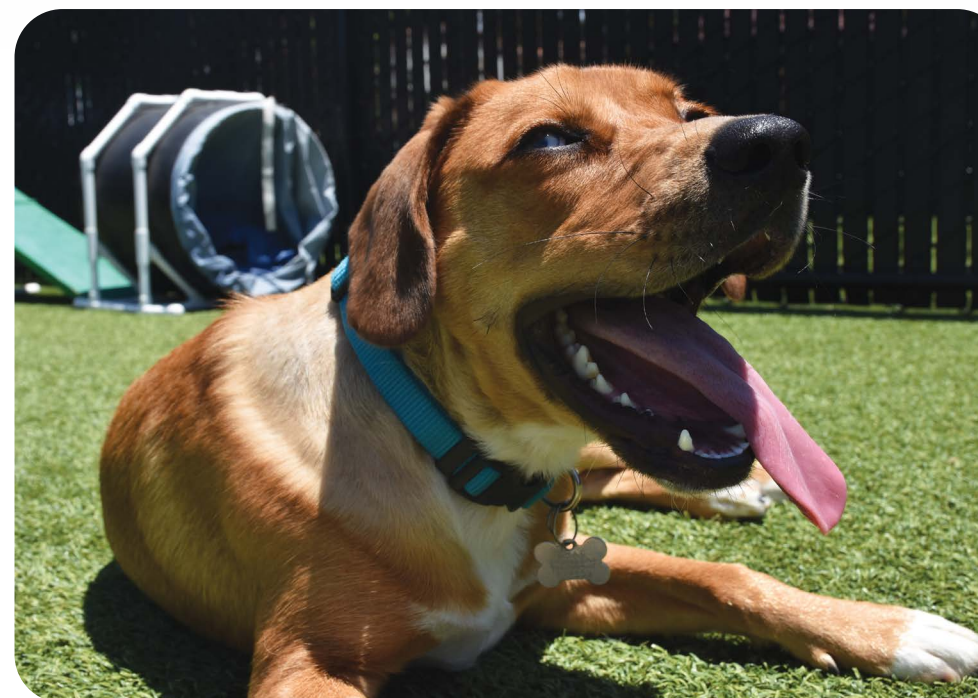


Pepsi had a significant improvement after his third surgery, shown above.

to an area of high mobility, which caused interruptions in the healing process and resulted in a buildup of serous fluid—not salivary fluid. This meant that Pepsi was, in fact, healing. His sialocele was finally gone and no longer producing saliva.

In the months we have known Pepsi, he has shown us constant love and gratitude, and we are honored to be a part of his story. In spite of the pain and discomfort he has endured, Pepsi has always remained sweet, good-natured, and incredibly brave. It is not easy to undergo so many surgeries, but Pepsi never shows any discomfort or discontent. In fact, the longer we get to know him, the more he seems to love life. Pepsi is forty-five pounds of grit, but that never stops him from rolling onto his back for a belly rub, or curling up in your lap for a cuddle.

We are pleased to announce, Pepsi's third surgery was successful and he was adopted to a fantastic family from La Jolla. 🐾



Pepsi today is still just as sweet as ever and has found his forever home.



Pepsi had a wonderful foster family watching over him during his most challenging times.



ANDIE MACDOWELL & RAINEY QUALLEY

Share their connection to animals and thoughts about **REMEMBER ME THURSDAY®**



Andie MacDowell is an acclaimed actress who received accolades for her role in Sex, Lies and Videotape and has appeared in several notable films, including Groundhog Day, St. Elmo's Fire, Four Weddings and a Funeral, and Magic Mike XXL. In addition to being a Loreal spokesperson, she recently starred in the Hallmark Channel drama series Cedar Cove and action film Granite Mountain. Off-screen, Andie enjoys time with her family, horses, many pets including rescue dog Ava, and is a supporter of many charitable causes. Rainey Qualley is an American Actress and music artist. She releases and writes music under the name Rainsford. She is a lifelong lover of animals, and has been vegetarian for 17 years. Taking care of animals brings her so much joy! She currently has 3 cats named Jesus, Myrtle and Wizard and a dog she adopted from Helen Woodward Animal Center named Arlo as well as 5 backyard chickens. She also fosters kittens for her local shelter.

Have you always been an animal lover?

Andie MacDowell: From a very young age I was one of those kids that wanted every pet. I grew up in a small town rather suburban, but I wanted to have everything chickens, ducks, rabbits, dogs, cats, horses. There's so many stories about me and animals, but the greatest thing that happened was when my parents went through a divorce. I lived briefly with my father until I had to leave. My compensation was a dog, Puggy. I took the little puppy home with me, and she was my saving grace, she was my best friend, my confidant, my safe place. I still feel this way about the connection particularly with dogs. Animals ease and comfort me. I can feel the boost of serotonin from the love that I receive from them and love I return.

Rainey Qualley: Absolutely! I lived in Montana as a young child where we had horses, cows, chickens, pigs, bunnies, dogs and plenty of cats (which I've always had a particularly soft spot for). Loving animals as much as I do, I've been vegetarian for 17 years now. It brings me so much joy to take care of animals.

What was your first pet?

AM: My first pet was a puppy, born in our flower garden from a Street Dog. Her name was Butterball. I was very young and my child life a little chaotic. I was taking her food. I was probably five years old. The mother dog nipped at me and to this day I don't know what happened to the mother dog. I don't know what my mother did. I was too young. But we kept Butterball. My inclinations were much more nurturing than a lot of people around me.

RQ: We had pet cats and dogs for as long as I can remember. But the first pet that was "mine", which I was allowed to name, was a fluffy white and brown cat called Sally Diamond Ring.

What pets does your family currently have?

AM: My only pet at the moment is my little dog that I rescued. She is the love of my life. I'm having the most fun training her, spending a lot of time with her and making sure that we are going to be good partners. I would love to get another horse and hope to be able to do that sometime in the near future.

RQ: I have 3 cats, 1 dog, and 5 backyard chickens. Plus I foster kittens for my local shelter as often as I can.

How do you feel that animals have impacted your life or the lives of your children?

AM: While raising my children, I allowed them to have all kinds of pets. For a while, we lived in Montana, and had a variety of different kinds of animals. We've always had some kind of pet. We had cats or dogs, and the love that my children received from them I understood deep to my core. I also loved watching my children return that love, understanding and the responsibility of having a pet.

RQ: Growing up with animals taught me compassion, how to be gentle and attentive, loving unconditionally, as well as a great sense of responsibility. Especially when it comes to bottle baby kittens!

What drew you to Helen Woodward Animal Center?

AM: My daughter Rainsford is very active in the community in Los Angeles, volunteering to help foster kittens and helping get the word out about different animals that need to be adopted. It is through my daughter that I learned about the Helen Woodward Animal Center.

RQ: I was lucky enough to find my dog Arlo through the Helen Woodward Animal Center. They do incredible work and treat their animals with love, respect, and such great care.

Why do you think Remember Me Thursday® provides an important message?

RQ: Adopting pets from shelters rather than buying from a breeder or a pet store is something that I am so passionate about. Each year over 1.5 MILLION shelters animals are euthanized because they can't find a home. It's a staggering number that absolutely breaks my heart. When you adopt a cat or a dog from a shelter, not only are you saving their life, but you free up space to care for other animals in need. When buying animals from breeders, you perpetuate the terrible cycle of unwanted and unloved pets being killed for no reason. Not only that, but even if you're looking for a specific breed, it's so easy to find any kind of dog or cat in a shelter already. So there's really no excuse not to!

What do you plan to do to get the word out about Remember Me Thursday®?

RQ: Posting on social media is an obvious way to spread the message. But also, word of mouth! Reminding friends who may be looking for a pet to check out animal shelters!

How do you think that a campaign like Remember Me Thursday® can impact pet adoption?

RQ: A lot of people don't realize how important it is to adopt. Encouraging people to do so helps animals in shelters everywhere!



Rainey with cats throughout her life.



Andie with her dog Daisy.



Michael Arms, CEO of Helen Woodward Animal Center.

Providence Animal Center presents the Pioneer Award to Helen Woodward Animal Center CEO, Mike Arms

In his role as the person who has saved more animals than anyone else in the world, Mike Arms has touched the lives of thousands of staff and volunteers in the animal welfare world. One particular group has not only come a long way and made tremendous strides but also feels that they owe a debt of gratitude to their friend and mentor. Providence Animal Center took advantage of the opportunity to honor their friend at their annual dinner and auction by presenting him with the coveted "Pioneer Award" which is given to someone who has been a trailblazer in providing for the rescue and care of orphaned pets. It was a special evening for everyone to celebrate how far the organization had come and how many lives have been saved under his watchful eye. To top off the evening, Mike was kind enough to host their auction which resulted in almost \$100,000 in revenue for the animals!



Michael Arms with Tara Summers, the Director of Advancement & Donor Relations and Rick Matelsky the Retired Executive Director from at Providence Animal Center.

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Nicola - Pet Parent

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FOREVER FRIENDS Betty & Bob Hess



Like so many of the generous benefactors that remember Helen Woodward Animal Center in their estate plans, we did not have the opportunity to meet Betty and Bob Hess. We asked their niece, Kat Domet, to provide some information about their affinity for Helen Woodward Animal Center and she kindly shared some thoughts and memories with us about

her aunt and uncle. She said that both believed that animals were to be treated with the utmost love and tenderness and after deciding early on in their marriage NOT to have children they "parented" many animals, mostly dogs. She did remember them visiting Helen Woodward Animal Center on one occasion and she felt they must have been very moved by our mission to remember the Center with such a generous gift. Bob and Betty's last pet was a white terrier of sorts named "Wendy" and she was their baby, the love of their lives. They also had a Daschund many years ago name "Hansey", along with several other dogs. Kat shared that all of Betty's favorite charities had to do with animal well-being. She also spared no expense in her care for her own pets. Kat only wished every animal owner would follow in her footsteps. She was kind, compassionate and loving towards all creatures great and small. Her final gesture of generosity and kindness towards animals will certainly live on here at Helen Woodward Animal Center and we are so grateful to Bob and Betty Hess (and Kat) for sharing their story.

2 PAWS UP from a PUP PATIENT

"After returning from a long drive to visit family in San Francisco for Christmas, my 14 year old West Highland Terrier, Choop, just wasn't herself. She was lethargic and even seemed a bit confused. I explained it away as just old age and being tired from a 10 hour drive. But she did not bounce back and instead got worse. By early January, she had lost her appetite. When the pounds started dropping off, I thought I was going to lose her. So I made an appointment for her at the Companion Animal Hospital.

Choop was seen the day after I called by Dr. Lauren Oviedo. Dr. Oviedo examined Choop thoroughly. At each step from the beginning she was clear in why she suggested certain tests and not others and also what it would cost so that I could make a personal decision and avoid unpleasant surprises. Her follow up was great and her ability to explain things is exceptional. I felt relieved to have her on my team.

Dr. Oviedo's initial examination ascertained that Choop had advanced liver failure, an affliction common to Westies. She suggested two immediate actions: take her off regular dog food, which has minerals, such as copper, which can accumulate in the liver, and to follow up with more blood work and an ultrasound to rule out a tumor or cirrhosis. The ultrasound revealed no tumors and the liver did not appear to have any significant scarring from cirrhosis, which was good news. On the other hand, her blood tests showed her liver numbers were literally off the chart.

Dr. Oviedo informed me that Choop's liver failure could be from a number of possible sources, including hepatitis. Rather than suggest some extreme regimen of antibiotics, which could have detrimental side effects, Dr. Oviedo suggested that we put Choop on supplements for her liver and her gall bladder, focus on her diet, and then retest her blood to see if anything changes. I then bought a book on what to feed – and not feed – dogs suffering from advanced stage liver failure. After a month of giving Choop fresh cooked meals of ground turkey and chicken, vegetables and potatoes, I went back for new blood work and was happy to learn from Dr. Oviedo that Choop's liver numbers, while still elevated, were down by almost 50%. Dr. Oviedo encouraged me to continue what I was doing, and a month later Choop's liver numbers were almost normal. Dr. Oviedo said I would not need to retest Choop for another six months!

I don't believe that Choop is cured, and she does occasionally have a bad day. If she has several bad days in a row, I just bring her back to Dr. Oviedo and her team to make sure it's nothing serious. They immediately make time to see her, usually on the same day that I call, and when we come in, they always treat Choop like their favorite dog, even though I am sure they treat every dog that way. Thanks to Dr. Oviedo and her team, Choop is back to her happy, feisty, Westie self and she and I are likely to have many more years together."

- Nancy H.



Nancy and her dog Choop.



To book your next veterinary appointment at Companion Animal Hospital, please call (858)756-4469 or scan the QR code to get started on the new client registration form.

HOW YOU CAN HELP

There are so many things you can do to help animals and people in need in our community.

DONATE TODAY! Contact 858-756-4117 x358 or KristineF@animalcenter.org

MEMORIAL GIFTS

We have a beautiful program called "I Remember You" to memorialize pets online, by "lighting a candle" and sharing a story and photo. If you have any questions please call the Center, x350 or visit the site to light a candle at animalcenter.org/IRememberYou/.

MONETARY DONATIONS

Helen Woodward Animal Center relies heavily on private donations to fund our programs. A gift from you can help support the pets and programs at the Center. Please consider making a gift today on our website at animalcenter.org.

BECOME A 'PAW PAL'

Monthly donors support our work throughout the year with recurring gifts. Join "Paw Pals" and know your monthly donation saves more lives. Visit animalcenter.org/PawPals to join today!

IN-KIND DONATIONS

To help reduce costs, our programs are always in need of items to support their activities. Visit animalcenter.org for our wish list of specific needs.

ALTERNATIVE GIFT CARDS

Give the gift that saves lives! A gift to help the animals is a great way to celebrate a birthday, graduation, or the upcoming holidays. We will send a personalized card notifying the recipient of your gift.

VEHICLE DONATIONS

Take the hassle out of selling your old car, truck, motorcycle, or other vehicle – donate it to Helen Woodward Animal Center! Our simple, hassle-free program will take care of all the paperwork, pick up your vehicle, and send you the documents needed for a tax deduction, while providing valuable funds to help the animals! Call 844-854 PAWS to donate.

PLANNED GIFTS & PET BEQUESTS

Including Helen Woodward Animal Center in your will or trust will create a lasting legacy to help pets and people in need for years to come. Make provisions to ensure your pets will be cared for in the event of your passing. Contact Renee Resko: 858-756-4117 x347 or email ReneeR@animalcenter.org.

SPECIAL EVENTS

The Center holds a variety of exciting fundraising events throughout the year from our Surf Dog Surf-A-Thon to our Fling Gala. Visit animalcenter.org for more information.

CORPORATE AND BUSINESS PARTNERSHIPS

Get your company involved to raise funds for the animals by sponsoring an event, running your own fundraiser, holding your own AniMeals pet food drive or participating in our HOPE Telethon. Contact Barry Siegel: 858-756-4117 x312 or email BarryS@animalcenter.org.

VOLUNTEER

Our work depends entirely on the support of our dedicated volunteers. Many opportunities are available for youth, adults, and groups in our various programs and events. Contact Megan McCarty: 858-756-4117 x305, email MeganM@animalcenter.org or sign up at animalcenter.org.



FOREVER FRIENDS

We are grateful to these individuals who chose to leave a legacy of caring by including the Center in their estate plans. These gifts will help ensure the long-term stability of our programs so pets and people in need will continue to receive the help they need for many years ahead.

THANK YOU

The Percy S. McGauvran 2013 Revocable Trust

Nancy Shea 2005 Trust

The Claire V. Neilson Trust

Nickel Trust

Grant Sterling Milsten & Elizabeth Louise Milsten Family Trust

Belina Lee Lazzar Trust

The Beverly Lytwyn Estate

David & Milagros Becker Trust



ESTATE GIVING

- I would like to know more about the pet guardianship policy.
- I would like to know more about including the Center in my will.
- I would like to be invited to an informational estate planning luncheon.
- I have already included the Center in my estate plans.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

For more information, please detach and return completed form in the provided remit envelope.



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COSU0923

HELEN WOODWARD ANIMAL CENTER

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EVENT CALENDAR

SEPTEMBER

1-30 Paws in the Ranch - Happy Health Cat Month

10 Surf Dog Surf-A-Thon

16 Foster Orientation

16 Animal Care Camp

17 You Can Be A Veterinarian Camp

22-24 Orphaned Objects Seasonal Changeover Sale

28 Remember Me Thursday®

30 Foster Orientation

1-31 Paws in the Ranch - Halloween Costume Sale

7 Animal Care Camp

8 You Can Be A Veterinarian Camp

14 Semi-Annual Tack Sale

20-22 Orphaned Objects Sustainable Fashion Weekend Sale

23-27 Fall Critter Camp

14, 21, 28, 29 Hall-O-Ween Harvest Family Festival

NOVEMBER

4 Animal Care Camp

5 You Can Be A Veterinarian Camp

OCTOBER

10/1-11/12 Hall-O-Ween Harvest-Private Autumn Adventures

*by appointment only

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